



Saturday, June 26, 2010

100% of Your Race Registration Benefits GraceWay Recovery Residence and Ruth's Cottage/The Patticake House

CHIP TIMING! ENTERTAINMENT! BREAKFAST! FUN!

Time: 5K Run: 8:00 A.M. 5K Stroller Roll: 8:10 A.M. 1 Mile Fun Run/Walk & Stroller Roll: 8:20 A.M

Place: Race begins at the Lake Blackshear Resort. The scenic 5K & 1 mile course winds through Georgia Veterans State Park

Entry: Adults: Pre registration postmarked by June 4, 2010 - \$20.00 / After June 18, 2010 - \$23 / Race Day - \$25

Children (under 12): Pre registration postmarked by June 4th, 2010 - \$15.00 / After June 18, 2010 - \$18 / Race Day - \$20

Online Registration: is available at www.loopthelake5k.com or through Active.com



Race Day Registration: will be held at The Lake Blackshear Resort from **6:30 A.M. until 7:45 A.M.!**

Packet Pickup: available at the Lake Blackshear Resort on Friday from 4:00 P.M. – 7:00 p.m. or day of race from 6:30 A.M. – 7:45 A.M.

5K Run Awards: Overall male/female winners, masters male/female winners, and the top three men/women in the following age divisions: 9 & under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+.

Amenities: CHIP TIMING FOR THE 5K! All Registrants will receive an official Loop the Lake T-shirt, goodie bag and breakfast.

Please Complete Entry Form Below – Call GraceWay at 229-446-4550 or email info@loopthelake5k.com for more info. Attach Payment **Payable to GraceWay** and Mail– Attn: LOOP THE LAKE, GraceWay, P.O. Box 32, Albany, GA 31702

Please **PRINT NEATLY** and fill out completely (entries without age and gender will not be eligible for age group awards.)

Race: 5K : _____ 1 Mile Walk: _____ **T-Shirt Size:** (check one) ADULT: S ___ M ___ L ___ XL ___

Are you a Georgia Grand Prix Series Participant? _____ yes _____ no

Name: _____ Age on race date: _____ Gender: M ___ F ___

Address: _____ Date of Birth: (mm/dd/year): _____ / _____ / _____

City: _____ State: _____ Zip Code: _____

Daytime Phone: (_____) _____ - _____ Email: (Please write legibly!) _____

Race Registration: Child \$ _____ Adult \$ _____ **Total Amount Paid:** \$ _____ (check one) Cash ___ Check ___

Waiver Must Be Read and Signed Before Mailing:

"In consideration of this entry being accepted, I hereby for myself, heirs, executors, administrators, waive and release any and all rights and claims for damages I may have against Loop the Lake, race officials, and all sponsors, of all claims or liabilities of any kind arising out of my participation in this event or while traveling to and from. I allow any photographs or materials from this event to be used to publicize this or future Loop the Lake Events"

Signature Required _____

Date _____

(Parent's Signature if Under 18) _____